

Name: _____

The History of Ice Cream

Long ago, people enjoyed cold treats made with snow and ice mixed with fruit juices or honey. Over many years, people experimented with different ingredients to improve these chilly desserts.



They started adding things like milk, cream, and sugar. They learned how to freeze this sweet mixture into the creamy, delicious treat we know today as ice cream. Now, there are so many yummy flavors to choose from!

Directions: Answer the questions below using the story.

1. What did people use to make early cold treats?

2. What ingredients are used to make ice cream?

3. What is your favorite thing about ice cream?
